Al-Furqaan Prep School

Anti-Bullying Policy

Approved By:	Governors
Reviewed By:	SLT
Last Reviewed:	September 2025
Next Annual Review:	September 2026

2. Anti-Bullying Policy

What is Bullying?

Bullying can be defined as a physical, psychological, or verbal attack against an individual or group of individuals by a person or group of persons, causing physical or psychological harm to the victim. It is usually conscious and wilful and commonly consists of repeated acts of aggression and/or manipulation. It can take several forms – both physical and non-physical, either in combination or in isolation. Any bullying, whether physical or non-physical, may result in lasting psychological damage to the individual.

Bullying generally falls into one or a combination of the following categories:

Physical Bullying – Unprovoked assault on a person or group which can range from a 'prod' to grievous bodily harm.

Psychological – Reduction of a person's self-esteem or confidence through threatening behaviour, taunting, or teasing about race, gender, religion, sexual orientation, disability, family circumstances, appearance, or any other feature of their lives which can be used to wound or humiliate them.

Social- Ostracism/rejection by peer group.

Verbal – The use of language in a derogatory or offensive manner, such as swearing, racist or sexist abuse, sexual innuendo, spreading rumours, etc.

Cyber Bullying – Using mobile phones or the internet to deliberately upset someone.

Homophobic – Any hostile or offensive action against lesbians, gay males, bisexuals, or trans-gender people, or those perceived to be lesbian, gay, bisexual, or trans-gender.

Objectives of this Policy

- To ensure that everyone in the school community understands what bullying is and how the school will deal with incidents of bullying.
- To develop a listening, caring ethos at Al-Furqaan Prep School where any form of bullying is not tolerated and dealt with in the appropriate manner.
- To encourage discussion and not make premature assumptions, and to foster a problem-solving approach.
- The staff is made aware of the Anti-Bullying Policy by the Senior Leadership Team and has access to it.
- Explore issues through the curriculum in PSHE, assemblies and Anti-Bullying Week.
- Support the victim and the bully in modifying behaviour.

Procedures

Children should report bullying incidents to available staff or someone who they trust. In cases of serious bullying, the incidents will be recorded by staff on a behaviour log

and investigated initially by the class teacher, then by the following individuals if an incident is not resolved;
Behaviour Lead, SLT, and the Headteacher.
Any incident will be logged and passed immediately to the Behaviour Lead who will ensure the matter has been resolved.
Parents must report any bullying incidents by calling the school or messaging via Class Dojo.
In serious cases parents will be informed and will be asked to come in for a meeting to discuss the problem.
Bullying behaviour or threats of bullying will be investigated, and the bullying addressed.
Appropriate feedback will be given to the parent reporting the bullying, in a timely manner.
The school accepts that any child could display bullying behaviour and as a school we have a moral obligation to help those doing so to change their behaviour.
If necessary and appropriate, external agencies will be consulted to provide support.

Outcomes

- The school will investigate the incident.
- The child displaying bullying behaviour will be asked to genuinely apologise. Other consequences such as (a) an apology letter or (b) a written contract may be required.
- The school will aim to sort out differences and encourage the pupils to reconcile.
- In serious cases, parents will be informed in writing and suspension or even exclusion will be considered.
- After the incident/s have been investigated and dealt with, each case will be monitored to ensure repeated bullying does not take place and it will be considered that the incident/s are closed. The school strongly believes that all children can be bullied or be a bully and thus once an issue has been addressed, all parties should be allowed to move on from the issue.

Prevention

We will use various methods to prevent bullying in the school environment. This will include:

- Have a listening and caring ethos.
- Encourage discussion and don't make premature assumptions.
- Adopt a problem-solving approach.
- The SLT will ensure staff are aware of the Anti-Bullying Policy and have access to it.
- Explore issues through the curriculum by PSHE, assemblies and Anti-Bullying Week.
- Support the bully and the victim in modifying behaviour.
- Provide information through notice boards, posters, the worry box and Child Line.
- Provide support through playground buddies, friendship group and peer support.

The Anti-Bullying Policy works alongside the Behaviour Policy, which is discussed with the children in class, making them aware of the procedures.

Supporting Organisations and Guidance

- Anti-Bullying Alliance: www.anti-bullyingalliance.org.uk
- Childline: www.childline.org.uk
- DfE: "Preventing and tackling bullying Advice for headteachers, staff and governing bodies July 2017", and "Supporting children and young people who are bullied: advice for schools" March 2014: https://www.gov.uk/government/publications/preventing-and-tackling-bullying
- DfE: "No health without mental health": https://www.gov.uk/government/publications/no-health-without-mental-health-a-cross-government-outcomes-strategy
- Family Lives: www.familylives.org.uk
- Kidscape: www.kidscape.org.uk
- MindEd: www.minded.org.uk
- NSPCC: www.nspcc.org.uk
- PSHE Association: www.pshe-association.org.uk
- Restorative Justice Council: www.restorativejustice.org.uk
- The Diana Award: www.diana-award.org.uk
- Victim Support: www.victimsupport.org.uk
- Young Minds: www.youngminds.org.uk

Cyberbullying

- Childnet International: www.childnet.com
- Internet Watch Foundation: www.iwf.org.uk
- CEOP: www.ceopeducation.co.uk
- UK Safer Internet Centre: www.saferinternet.org.uk

LGBT

- EACH: www.eachaction.org.uk
- Stonewall: www.stonewall.org.uk

SEND

- Changing Faces: www.changingfaces.org.uk
- Mencap: www.mencap.org.uk
- DfE: SEND code of practice: https://www.gov.uk/government/publications/send-code-of-practice-0-to-25

Racism and Hate

- Anne Frank Trust: www.annefrank.org.uk
- Kick it Out: www.kickitout.org
- Report it: www.report-it.org.uk
- Stop Hate: www.stophateuk.org
- Show Racism the Red Card: www.srtrc.org/educational

Documentation

- AFPS 43 Bullying-incident-recording-form
- AFPS 40 BULLYING INCIDENTS LOG